

Ethical Health Check Questionnaire

Smaller food companies (Under £50m)

Aug 2024 v2.1

Part 1 - Company Level Issues

Basic information

1. Company name
Just Trading Scotland Ltd – trading as True Origin
2. Company address
Unit 3/4, Wallneuk Road, Paisley, PA3 4BT
3. Company website
www.trueorigin.org.uk and shop online at trueoriginfoods.co.uk
3. Parent company or ultimate holding company (if any)
Owned by the Balmore Trust (now known as True Origin Partnerships) – Scottish Charity SC008930
4. Significant shareholders: please list any corporate entities that hold more than 25% shares in your company
None
5. Company group turnover in the last financial year
JTS: £487k (year to end Jan 25)
6. Date Questionnaire filled in
October 22nd 2024, updated 13th March 2025
7. Contact email [not for publication]
tracy@trueorigin.org.uk

1 Climate Change [Please choose any that apply and add up your total score at the bottom]			
	Score	Your score	Notes/Evidence
(a) Positive Actions (see also guidance notes at Appendix 1)			
Your company has published a detailed discussion of its main climate impacts	40	0	See blog at Protecting the Environment - A Priority for True Origin
Your company has published a credible discussion of past actions you have taken to reduce climate impacts	30	30	See blog at Placing fairness at the heart of climate ambitions
Your company has published a credible discussion of intended future actions you will take to reduce climate impacts	30	30	See blog and policy at Protecting the Environment - A Priority for True Origin
Additional points for published emissions figures relating to the above: Scope 1 and 2 current year (10). Scope 1 and 2 current and previous years (20) Scopes 1, 2 and 3 current year (30). Scopes 1, 2 and 3 current and previous year (40)	up to 40	0	No emission data published
(b) Problem areas			
Company involved in developing new fossil fuel extraction	-100		n/a
Company is making carbon neutral or carbon negative product claims (these are considered by Ethical Consumer to be misleading)	-30		n/a
No misleading messaging ie. carbon neutrality claims	10	10	
Total Score [score cannot be above 100 or below 0]		70	If your total exceeds 100, just put 100 in the box.

2 Workers in the supply chain (manufacturing and retail)			
	Score	Your score	Notes/Evidence
1. Fairtrade [select one or none]			
All the company's products are certified by Fairtrade International or Fair For Life.	80		
The company sold a significant proportion of Fairtrade or Fair for Life products.	20		Guaranteed Member of the World Fair Trade Organisation – this involves our full operations being audited against the 10 principles of Fair Trade. See blog at https://www.trueorigin.org.uk/jts-celebrates-achieving-guaranteed-member-status-of-the-world-fair-trade-organisation
The company marketed itself or its products as 'fair trade' but was not certified Fairtrade or Fair for Life.	20	20	
2. Supply chain practices [choose as many as apply]			
An explicit policy for long term relationships with suppliers	20	20	This is verified as part of the WFTO membership process
Regular and ongoing visits to suppliers and monitoring of workers' rights	20	20	
The company is a manufacturer which manufactures all products in-house	60		n/a
The company is a manufacturer which manufactures some but not all products in-house	10		n/a
Only operates in a setting where risk of workers' rights abuses are low	20		n/a
Good payment practices - for example, paying a price sufficient to allow workers to get a fair wage, or ensuring suppliers are paid immediately / within a short time frame.	20	20	This is verified as part of the WFTO membership process and is included in Supplier Selection Policy. WFTO audit

			provided as evidence.
3. Manufacturing transparency [select one or none]			
We manufacture all our own products and a list of our manufacturing locations is in the public domain	30		n/a
We manufacture some of our own products and clearly state which these are and list manufacturing locations	20		n/a
4. Supply chain transparency [choose as many as apply]			
A published list of some tier 1 suppliers/OR	10		
A published list of all tier 1 suppliers	20	20	See producer pages - How JTS are changing lives through fair trade And Friends suppliers listed here True Origin Food that has True Impact at Origin – True Origin Retail
A published list of some tier 2 suppliers/OR	10		
A published list of all tier 2 suppliers	20		
Some tier 3 suppliers published	10		
5. Supplier standards [select one or none]			
Has some form of supply chain policy/criteria addressing labour standards	20		
Has a comprehensive supply chain policy - including 4+ ETI base code standards? See ETI code HERE	30		
Has a more comprehensive supply chain policy - including 6+ ETI base code standards? See ETI code HERE	40		
Supply chain workers rights core to whole business - with comprehensive policy/evidence embedded in its practices. Give examples.	50	50	This is verified as part of the WFTO membership process, and Supplier selection policy goes above and

			beyond ETI base code.
Total Score (max 100)		100	

3 Animal Products			
Please choose one from section (a) and one from section (b) and add up your total score at the bottom			
	Score	Your score	Notes/Evidence
(a) Your brand's approach to animal rights and welfare			
No animal ingredients used and a published statement that it is company policy not to use any animal ingredients (the brand is explicitly vegan or plant-based)	60		
No animal ingredients or products used	50		
Some animal ingredients used but with comprehensive ethical policies in place [e.g. animal welfare certifications]	40		
Some animal ingredients used but a very minor part of the business	40	40	Very minor – for True Origin products this is limited to honey mustard. For Friends lines there are a few more (milk choc, honey etc)
Explicitly vegetarian policy	10		
Sale of products with animal ingredients with some adequate policies but also some minimal/inadequate/partial policies	10		
Sale of products with animal ingredients but minimal/inadequate/partial policies	0		
(b) Links in the wider company group to high-risk sectors			
The company group is explicitly vegan/plant based	40		
Not explicitly vegan but no sale of animal products or products containing animal ingredients.	40		
The majority of the company group's animal products were covered by adequate policies, or it sold barely any animal products.	30	30	True Origin barely any relevant products, wider company (parent charity) does not sell products
Sale of products with animal ingredients with some adequate policies but also some minimal/inadequate/partial policies	10		
Minimal or no adequate policies regarding the animal products sold by the company	0		
Total Score (Max 100)			
		70	If your total exceeds 100, just put 100 in the box.

4 Company Ethos and Wider Issues [Please choose any that apply and add up your total score at the bottom]			
	Score	Your score	Notes/Evidence
(a) Structure and purpose			
Co-op or Mutual	40		
Not-for-profit or charitable structure	40	40	Owned by a charity, any profits are covenanted to the charity
Climate transition focussed/all products are environmental alternatives	30		
Registered social enterprise	20	20	SEWF Verified Social Enterprise
B Corp	20		
Part employee owned (>10%)	20		
Living wage certified	10	0	Board level policy to pay living wage but not certified
Profit share for workers (only if also living wage certified)	10		
(b) Controversial sectors			
Company is not involved in any sectors considered by Ethical Consumer to be highly controversial: arms/military, fossil fuels, mining, nuclear power/weapons.	20	20	Direct involvement only - not supply chain or banking
(c) Approach to pay ratios			
Do you have a limit on your pay ratio? If so what is this?	20	20	Please State Highest Pay Level – under £35k Board level policy to limit ratio, current ratio lowest to highest is 1: 1.33 on FTE salaries.
Any director paid above £1million annually (total compensation)	-10		
(d) Lobby groups			
Please list any industry associations you belong to here.			Guaranteed Member of World Fair Trade Organisation. Member of Africa Scotland Business Network & Renfrewshire Chamber Commerce
Not a member of any of the lobby groups on ECs list in Appendix 1	10	10	
Total [Max 100]		100	If your total exceeds 100, just

			fill in 100 in the your score box.
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5 Tax Conduct [Please fill in the Part that reflects your company best]			
	Score	Your score	Notes/Evidence
Part 1. Certification or no subsidiaries in tax havens			
Are you Fair Tax Mark certified? If yes, score 100 and fill in your total score below.	100		
If not, but you don't have any subsidiaries or a parent company registered in Tax Havens score 100.	100	100	See Ethical Consumer's list at Appendix 2 of the Guidance Notes if in doubt.
Part 2. If you have any subsidiaries or a parent company registered in Tax Havens, but have clear non-avoidance policies.			
(a) Do you publish a clear public tax statement confirming that it is company policy not to engage in tax avoidance activity or to use tax havens for tax avoidance purposes?	20		
(b) Do you publish country by country reports annually of revenue earned and taxes paid for all the countries you operate in.	20		
(c) Can you list these subsidiaries and explain what type of company each is (e.g. holding company, finance, commercial store) and why it is not being used for tax minimisation purposes.	30		
Part 3. Subsidiaries or a parent company registered in Tax Havens, but without clear non-avoidance policies.			
One subsidiary in a tax haven with no public country-by-country reporting or policy statement and narrative explanation.	20		
Two or more subsidiaries or a parent company in a tax haven with no public country-by-country reporting or policy statement and narrative explanation.	0		
Total Score (Max 100)		100	

Part 2 - Product Level Issues

Basic product information

1. Product Name(s)
<p>Kilombero Rice from KASFA in Malawi Various exotic jams and tomato based sauces from Meru Herbs in Kenya Various spices (salt/pepper shakers and grinders) and condiments (mustards/relishes/balsamic reductions) from Turtle Trading in South Africa Beer Bread baking mixes from Barretts Ridge in South Africa Traidcraft Tea (sourced from Northern Tea Merchants in UK, using tea from Kenya) in collaboration with Transform Trade</p> <p>Plus coffees, chocolate, olive oil, nuts, drinks etc within our “and Friends” range</p>
2. Company name
<p>See above in bold for suppliers of the True Origin branded lines</p> <p>plus</p> <p>Friends suppliers include Café Direct, Divine, Zaytoun, Liberation Nuts, Gusto Organic, Nutcellars, Revolver, Equal Exchange, Cotswold Fudge and Altromercato. This range is constantly evolving and additions involve assessment of the company’s fair trade/ethical credentials.</p>
3. Webpage where product details appear
True Origin Food that has True Impact at Origin – True Origin Retail
4. Name of product supplier(s) - if not manufactured in house
<p>As above in sections 1 & 2</p> <p>Plus see producer pages on our website How JTS are changing lives through fair trade</p>
5. Address of manufacturing/production location
<p>For True Origin branded lines see producer pages on our website How JTS are changing lives through fair trade</p> <p>Friends lines are produced mainly in the UK</p>
6. Date Questionnaire filled in
13 th March 2025
7. Contact email [Not for publication]
tracy@trueorigin.org.uk

1 Sustainable Agriculture			
	Score	Your score	Notes/Evidence
How organic is your company? (select one)			
Whole company organic AND incorporating innovative(/ancient) methods (e.g. permaculture, agroecology, agroforestry, coppicing, biodynamic)	90		
Whole company organic	80		
Half or more of the company's products are organic	40		
Offers some organic food	10	10	
No organic options	0		
Is there a policy on GM? (select all that apply)			
The whole company was organic, and so had already received positive marks for no use of GM in the previous question	0		
Not organic but no GM ingredients in own brand	10	10	
Not organic but no GM animal feed permitted in own brand	10		
Reducing pesticide use? (select one)			
The whole company is organic, or >50% organic. It received points for being organic earlier in the rating so did not gain additional marks for this.	0		
Not organic but has a clear policy on pesticides which acknowledges their harmful effect, has a clear aim to reduce their use, and states that it does not use pesticides on the Highly Hazardous Pesticide List.	10		
No policy on pesticides	0		
Policy on biodiversity/ecosystems (select one)			
A stated aim to reduce agricultural impact in relation to diversity and ecosystems and had taken steps towards this	20	20	Included in Supplier Selection Policy. Also discussed in various case studies on the True Origin website. Multiple examples of supplier engagement.
A statement acknowledging biodiversity/ecosystems and a stated	10		

aim to reduce agricultural impact.			
No policy around biodiversity	0		
Other positive actions around pollution, water use and food waste (choose all that apply)			
Evidence of reducing agricultural pollution/run-off (especially from animal farming e.g. pigs, poultry, fish farming etc.)	10	10	Discussed in case studies on the True Origin website. Examples include plans to finance solar panels to replace diesel rice pumps.
Explicit policy on reducing water use/waste in supply chain	10		
Evidence of steps to reducing food waste across supply chain	10	10	Website outlined examples within the upstream supply chain, including the use of used rice husks as cooking fuel to limit local deforestation. At the distributor level, True Origin outlined work with FareShare and GCM/Refugeegee to donate short-dated stock, with regular stock reviews used to identify where sales rates increases or donations are required.
Total Score [max 100]		60	

GM = Genetically Modified

2 Sustainability of packaging (SME companies)			
[please select any that apply]	Score	Your score	Notes/Evidence
(a) Product packaging amounts			
Have you reduced the overall amount of packaging used across your direct operations in recent years?	20	20	Introduced variety of shipping boxes to better suit shipment size. Total packaging use has decreased.
Have you reduced the overall amount of packaging used across your supply chain in recent years?	20		
(b) Consumer packaging reusable/returnable/unpackaged [select one option]			
Zero waste approach (all packaging reusable, return scheme, packaging free)	70		
Packaging primarily reusable, returnable, or unpackaged, with the remaining packaging plastic free and made from recycled materials	70		
Primarily reusable, returnable, or unpackaged, where remaining packaging is plastic free, but made from virgin materials	60		
Significant % of the company's total packaging is reusable, returnable, or unpackaged	40		
(c) Single use packaging (select the highest scoring option if any apply - Significant % is normally above 50%)			
All single-use product packaging is plastic free and made from recycled materials	60		
All packaging (95%+) is certified home compostable	60		
All packaging is plastic free but is made from virgin materials	50		
Significant % of single-use product packaging is plastic free, made from recycled materials	30		
Significant % of single-use product packaging is plastic free but made from virgin materials	20	20	Confirmed over 50% plastic free
Significant % of packaging is certified home compostable	20		
(c) Other steps to reduce packaging (e.g. selling in bulk).			
Evidence of significant steps to reduce packaging of all products	50		
Evidence of significant steps to reduce packaging of more than 50% products	20	20	See below

Evidence of some steps to reduce overall packaging	10		
Total Score [max 100]		60	

Evidence:

- ⌚ We have zero waste options where this is relevant to the product (eg 25kg sacks of rice) but this is a low proportion of our turnover. We have introduced spice refill boxes. We moved our rice bags to recyclable packaging following previous feedback from Ethical Consumer and considerable research on better environmental options (compostable packaging not considered suitable given shelf life of the product)
- 📄 We state in our environmental policy:
 - o We consider the environmental impacts of our product packaging and seek to reduce this over time. Having redesigned our gift range to eliminate plastic (moving from jute bags with plastic windows and shrink-wrapped baskets to cardboard boxes), as well as moving our rice to recyclable plastic bags and our packing tape to paper-based, we will seek to reduce plastic in other aspects of our packaging and/or ensure the plastic is recyclable. We will continue to research refill pack options for our products and where appropriate to increase our range for the zero-waste market.
 - o We will employ the principles of reduce, re-use and recycle in relation to paper and packaging. We will always aim to use the most appropriately sized box for our shipping and will to continue to use newsprint “end-rolls” to pack our boxes (waste from the newspaper industry)

3 Palm oil			
[Only needs filling in if the food product under review commonly contains palm oil]			
[please select one]	Score	Your score	Notes/Evidence
Palm oil free	100	100	
A retailer with a palm oil free own brand. If it retails other products with palm it must require RSPO certification for palm oil and derivatives	100		
All oil certified RSPO or organic	80		
A retailer with a Palm oil free own brand, but sells products not all RSPO	70		
The company did not meet higher scoring criteria but did have some evidence of more responsible palm sourcing	20		
Total Score [max 100]			100

Part 3 How to calculate your score and take next steps

We are looking for an average score across the number of categories which you have completed.

1. Please copy in your total scores from the score cards that you filled in into the table below and add them up to create a total score in the bottom right column.

Part 1 Company Level Scores	Score
Climate Change	70
Workers	100
Animals	70
Company Ethos	100
Tax conduct	100
Part 2 Product Level Scores	
Sustainable Agriculture	60
Sustainability of packaging	60
[Palm Oil]	100
Your Total Score	660

2. Take the total number of categories that you have completed and then divide your total score by the number of categories. This is your draft ethiscore.

Total score/categories	= 83
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3. If your draft ethiscore score is more than 65 you may be eligible to use the Ethical Consumer Best Buy label with its linked promotional opportunities. For more information see below and at: www.ethicalconsumer.org/promote-your-business-ethical-consumer/screenings-best-buy

If it isn't, you may be able to put into place a few policies and practices and come back in a relatively short time to score yourself again. It should be obvious from the document what improvements are needed where.

If it's looking tricky and you'd like some help, perhaps with policy development, Ethical Consumer can arrange a formal advice session with one of its researchers. Costs start at around £300. For more information on this contact: ruairidh@ethicalconsumer.org

4. Best buy label certification

If your score is above 65, and you want to explore using the promotional logo, send these forms to us to check and we will review your score.

We charge a small fee for reviewing a score (around £225). This we will invoice in advance of research taking place.

Please contact Ruairidh (ruairidh@ethicalconsumer.org) on our Best Buy Research Team with your questionnaire if this is the case.

If we agree that your score makes the grade we'll get back to you and Simon can begin a discussion with you about logo licencing.

If we don't agree that your score makes the grade (companies are sometimes inclined to score themselves more highly than we are!) we will give you suggestions of what changes you could make. We will re-assess you for free after any changes have been made in a six month period..

Please remember that, should you decide to go ahead with the Best Buy label, this document will be published (with redactions if necessary) as a downloadable PDF on the Ethical Consumer website.

Appendix 1: Technical Notes

1. Climate

Credible discussion: must include discussion of main areas of carbon impact e.g. supply chain/production, or the use of its product [likely to be the main areas of climate impact - see list below].

- Our list so far of main impacts in the following sectors:
 electricals and white goods - use phase, so energy efficiency of products
 clothing - fabric production,
 footwear - leather,
 generic food - agriculture,
 meat - deforestation,
 dairy - cows and feed
 finance - impact reduction in either lending, or investments, or for insurance companies, what they underwrite

To show it was detailed, it should state:

It identified its main areas of climate impact to be: XXXX

OR

It gave quantified examples of how it had or would reduce the impacts of its supply chain, or the use of its product: [which were likely to be the main areas of climate impact]

OR

It had calculated how much progress it was making and gave figures with a clear baseline or defined period: [e.g. compared to 2020, or, this year.]

- The level of detail required should reflect the impact of the sector. If the company is operating in a sector that doesn't have a huge carbon impact it doesn't need such an impressive discussion as one that does. Reporting some figures can be treated as a form of discussion.
- As a small company, if its key materials have a lower carbon impact, past and future may be credible, as it is offering lower carbon options on an ongoing basis. Being vegan may be accepted, organic is not.

2 List of lobby groups

- American Chamber of Commerce/AMCHAM-EU
- Bilderberg Group
- Business Action for Sustainable Development
- Round Table / European Round Table of Industrialists
- European Services Forum
- International Chamber of Commerce
- Transatlantic Business Dialogue
- Trilateral Commission
- US Coalition of Service Industries
- World Economic Forum

3. 2023 List of tax havens

Algeria	Lebanon
American Samoa	Liberia
Angola	Liechtenstein
Anguilla	Luxembourg
Antigua and Barbuda	Maldives
Aruba	Malta
Bahamas	Marshall Islands
Bangladesh	Mauritius
Barbados	Monaco
Belarus	Montenegro
Belize	Montserrat
Bermuda	Namibia
Bolivia	Netherlands
British Virgin Islands	Oman
Brunei	Palau
Cameroon	Panama
Cayman Islands	Puerto Rico
Cook Islands	Qatar
Costa Rica	Russia
Curacao	Rwanda
Cyprus	Samoa
Estonia	Seychelles
Fiji	Singapore
Gambia	Sri Lanka
Gibraltar	St Lucia
Guam	St. Kitts and Nevis
Guatemala	Switzerland
Guernsey	Thailand
Hong Kong	Trinidad and Tobago
Hungary	Turks and Caicos Islands
Ireland	UAE
Isle of Man	US Virgin Islands
Jersey	Vanuatu
Jordan	Venezuela
Kuwait	Vietnam
Latvia	